The Hispanic population has more than doubled in size in the past 15 years.†

Chronic diseases continue to have a strong effect on U.S. Hispanics, with diabetes and obesity topping other conditions as the major diseases within this sector of the population. A recent study carried out by the Institute for Hispanic Health and the National Council of La Raza, with support from Boehringer Ingelheim, reveals these details and other key data that can help us better understand how the Latino community is performing across the country—when it comes to their health and their access to the healthcare system.

**2013 KEY FINDINGS**

1/5 of Hispanics surveyed have more than one chronic disease.

DIABETES IS THE LEADING CHRONIC DISEASE AMONG HISPANICS

6/10 of Hispanics surveyed have been diagnosed with a chronic disease.

That’s 15 million people living with this disease within the nation’s largest ethnic minority group.

Nearly 1/3 of Latinos surveyed have been diagnosed with diabetes in the U.S.

That’s 15 million people living with this disease within the nation’s largest ethnic minority group.

By 2050, the U.S. Hispanic population is estimated to reach 132.8 million, constituting approximately 30% of the U.S. population by that date.†

More than 3 in 4 Hispanic participants* speak Spanish at home and prefer to receive health care information en español.

1/5 out of 5 participants have been diagnosed with depressive disorders (including depression, dysthymia, or minor depression).

30% of respondents were either overweight or obese.

75% were obese and overweight and felt their health was good or better.

6/10 of Hispanics were either overweight or obese.

**SURVEY KEY FACTS**

*NCLR 2013 Hispanic Health by the Numbers. Chronic Disease Survey.

†2010 U.S. Census

If you’d like to review the results of this study in its entirety, please click here.

Among Hispanic subgroups, Mexicans ranked as the largest at 63%. Following Mexicans were Puerto Ricans (9.2%), Cubans (3.5%), Salvadorans (3.3%), Dominicans (2.8%), and the remaining 18.2% were people of other Hispanic or Latino origins.†

The Hispanic population has more than doubled in size in the past 15 years.†

**U.S. CENSUS KEY FACTS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Hispanic Population</th>
</tr>
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<tbody>
<tr>
<td>1998</td>
<td>11.3 million</td>
</tr>
<tr>
<td>2013</td>
<td>37.6 million</td>
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