COMPRANDO RICO Y SANO
Expand Where Health Happens

In 2017 UnidosUS’s national program COMPRANDO RICO Y SANO improved healthy eating and shopping habits, and reduced food insecurity and hunger among Latinos across 24 communities in 11 states and the District of Columbia.

- **47%** fruit intake
- **55%** vegetable intake
- **63%** healthy meals prepared at home
- **25,636** Latinos enrolled in the Supplemental Nutrition Assistance Program (SNAP)

*Promotores de salud* (community health workers) lead efforts to **EXPAND WHERE HEALTH HAPPENS**, promoting a culture of health in the places in which we live, work, learn, and play...

**Schools**
- “Healthy eating” social clubs for parents
- Cooking demonstrations for children

**Workplace**
- Healthy food at meetings/gatherings
- Zumba, yoga, and other physical activity classes

**Neighborhoods**
- Cooking demonstrations
- Walking clubs

**Parks**
- Family Wellness Days
- Zumba, yoga, and other physical activity classes

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